

# BLOOD ORANGE

Now that you know many pigment colors that make fruits different...

Which pigment is in the blood orange that makes it red?

- A. Lutein
- B. Beta-carotene
- C. Anthocyanin

**Answer:**

C. Anthocyanin! This is the red pigment found in red fruits' skin color.

The blood orange is typically sweeter than a regular orange. It might even taste like a raspberry inside. It is classified as a red fruit! It is found in Sicily, Italy near volcanic activity. Anthocyanin, the powerful antioxidant, protects the fruit from getting damaged by its environment. Other countries call it the ruby orange.

Which name do you like better?

Blood Orange

Or

Ruby Orange

Of course like any other orange, the number one vitamin inside is vitamin C!